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| September 2022  V Fall Cheerleading | |
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| Mon. | Tue. | | Wed. | | Thu. | | Fri. | | Sat. |
|  | |  | |  | | 1 | | 2 | 3 |
|  | |  | |  | | **Independence**  **(H)** | | **Practice**  **7-8:30am**  (No School) | **No Practice** |
| 5 | | 6 | | 7 | | 8 | | 9 | 10 |
| **Program Practice**  **5:30-7:30pm**  (No School) | | **Morning Practice**  **7-8:30am** | | **Program Practice**  **5:30-7:30pm**  volleyball | | **Morning Practice**  **7-8:30am** | | **Brooke Point**  **(H)** | **Practice**  **9am-11am** |
| 12 | | 13 | | 14 | | 15 | | 16 | 17 |
| **Program Practice**  **5:30-7:30pm** | | **Morning Practice**  **7-8:30am** | | **Program Practice**  **5:30-7:30pm** | | **Morning Practice**  **7-8:30am** | | **Kettle Run**  **(A)** | **Practice**  **9am-11am** |
| 19 | | 20 | | 21 | | 22 | | 23 | 24 |
| **Program Practice**  **5:30-7:30pm** | | **Morning Practice**  **7-8:30am** | | **Program Practice**  **5:30-7:30pm** | | **Morning Practice**  **7-8:30am** | | **Stone Bridge**  **(H)** | **Practice**  **9am-11am** |
| 26 | | 27 | | 28 | | 29 | | 30 | October 1 |
| **Program Practice**  **5:30-7:30pm**  (No School)  **JV/F v. TBD** | | **Morning Practice**  **7-8:30am**  **JV/F @ Lightridge** | | **Park View Spiritfest** | | **Morning Practice**  **7-8:30am** | | **Sherando**  **(H)**  **Homecoming** | **No Practice**  **Homecoming** |
| Notes: | | | | | | | | | |